

# COVID-19 WHAT YOU NEED TO KNOW



#### KEEPING THE WORKPLACE SAFE



## PRACTICE GOOD HYGIENE

- Stop handshaking use other noncontact methods of greeting
- Wash/sanitize hands at the door and schedule regular hand washing reminders by email
- Create habits and reminders to avoid touching faces and cover coughs and sneezes with a tissue
- Disinfect surfaces like doorknobs, tables, desks, and handrails regularly
- Increase ventilation by opening windows or adjusting air conditioning



### BE CAREFUL WITH MEETINGS AND TRAVEL

- Conduct virtual meetings when possible
- When not possible, hold meetings in open, well ventilated spaces
- Consider adjusting or postponing large meetings or gatherings
- Assess the risks of business travel



## HANDLE FOOD CAREFULLY

- Limit food sharing
- Always disinfect surfaces where food is prepared or stored
- Follow the 4 key steps of food safety clean, separate, cook, and chill



#### STAY HOME IF...

- You are feeling sick
- You have a sick family member in their home
- If you have traveled or have had contact with someone who has traveled recently

#### HOW IT SPREADS



The virus is thought to spread mainly from person-to-person.

Between people who are in close contact with one another (within about 6 feet).

Through respiratory droplets produced when an infected person coughs or sneezes.

Safety Services Company is North America's leading provider of safety, training and compliance solutions.

Our goal is to help customers achieve better safety outcomes by providing customized solutions that fit the unique needs of their business.