

Department: _____ Workplace Location: _____

Date: _____ Start Time: _____ Finish Time: _____ Instructor/Supervisor: _____

Topic R011: Health Spa Safety

Introduction: The spa is one of the most defining areas of the hospitality industry. It has grown to become one of the most sought-after relaxation methods of this stress-filled world. Many have found jobs and careers in spas where satisfaction of the customer is the utmost goal. But just like any other workplace, spas have its own share of hazards. The management has to conduct training even before a worker is hired for a particular job. The management has to assess, identify and eliminate the risks arising from the hazards.

Common hazards in spa pools include formation of aerosols which can be inhaled. This is because a spa pool uses warm water that is stirred up by water jets; slips and trips; electrocution; and working in confined spaces.



Preventing hazards: Make sure that a spa has adequate ventilation that meets OSHA's standards.

- Keep chemicals, additives and cleaning compounds in a cool, dry, and well ventilated location away from direct sunlight. Read labels and use chemicals appropriately.
- Chemicals used in treating water must be stored in the right conditions. Store acids and alkalis separately. Mark storages appropriately.
- Dissolve dry chemicals separately in a bucket with clean water before pouring the solution into the pool.
- Test and treat the water regularly.
- A licensed electrician must make sure that all electrical equipment are properly grounded, bonded, and protected by proper GFCI circuits.
- Know where emergency switches are located. Know also where fire extinguishers are placed. Workers must know how to operate one.

Safety tips for spa workers

- Make sure that electrical wirings are checked every day. Do not touch switches and other electrical equipment with wet hands or bare feet.
- Never bring electrical devices near the pool. Make sure your hands are dry before using any electrical device. Keep them at safe distances.
- Be careful when walking on wet floor. Make use of handrails.
- Store and separate chemicals used for the face, hair, feet, nails, and body. Always label containers. Make sure that the chemicals are safe to the customers' skins as well as to the workers' skin.
- When working in big spa resorts and a dead bird or animal lands on your workplace, use the right personal protective equipment before disposing it. Use gloves, eye, and body protection. Use a picker or shovel to pick up the dead animal. Store it in a garbage bag and completely seal it. Contact your local authority to report the situation. Clean and disinfect the area where the dead animal is found. Take off all PPE and dispose of it properly. Wash hands with soap and water. Shower with anti-bacterial soap.
- When handling chlorine-based chemicals and pH reducer, use the appropriate PPE such as full-face respirator plus cartridge with dust cover at the top.
- When working outside under the sun, wear sun protection clothing and sun cream.
- Always assess the work situation to identify the proper PPE to be used.
- Always maintain cleanliness in the workplace because chemicals may be inhaled and may affect the health of workers.
- Wipe away lotions or creams on floors to avoid slips. Clean spa pools regularly.



- Treat water by correct filtration and disinfection.
- Drain spa pools at least once a week.
- Monitor the water before and after the day and do continuous testing on regular intervals.
- Test the water often (at least every 2 hours). Test it for color, clarity, temperature, number of bathers, chlorine or bromine, and pH level.
- Spa pool, tank, and other components must be kept clean.



Conclusion: Taking care of customers starts with taking care of workers. Once workers know and are aware of safety precautions, they will be able to focus on giving the customers the utmost service a spa is known for. Make sure that recreational users are provided and reminded by the workers of the proper etiquette inside a spa. This will minimize, if not eliminate, possible inconvenience on the customers' side. Enjoy and stay safe!

Employee Safety Suggestions and Specific Workplace Hazards: _____

Personnel Safety Violations: _____

Employee Attendance: (Names or signatures of personnel who are attending this meeting)

These guidelines do not supersede local, state, or federal regulations and must not be construed as a substitute for, or legal interpretation of, any OSHA regulations.